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CONTRACT WITH A CAPITAL C

Sens fans react to nine-player deal that will bring arch-rival to Ottawa

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Dion Phaneuf TORSTAR NEWS SERVICE

'It's a huge challenge'

HEALTH CARE

Local medical workers to talk best way to treat Syrian refugees



Lucy Scholey
Metro | Ottawa

About 150 local health-care workers are meeting this week to co-ordinate "urgent primary care" for Syrian refugees.

Refugee 613 — a non-profit group co-ordinating the city's resettlement efforts — is joining six Ottawa Community Health Centres, the Bruyere Family Medicine Centre and other local medical personnel for a workshop on Thursday to discuss how to best treat the government-assisted refugees flowing into the nation's capital.

Apart from their regular day-to-day duties, health-care workers are going full-tilt to vaccinate Ottawa's new neighbours and provide basic medical care for conditions ranging from diabetes to common colds. Two community health centres and Bruyere have set up "refugee hub clinics" to treat chronic illnesses. In many cases, refugees need transportation or translation services. And part-time medical personnel are squeezing in extra hours.

"It's a huge logistical challenge and we're doing the best we can," said Jack McCarthy, executive director of Somerset West Community Health Centre.



About 1,024 refugees have landed in Ottawa so far, including 820 government-assisted refugees.

The city is due to welcome a total of 1,200 people fleeing war-torn Syria by the end of the month.

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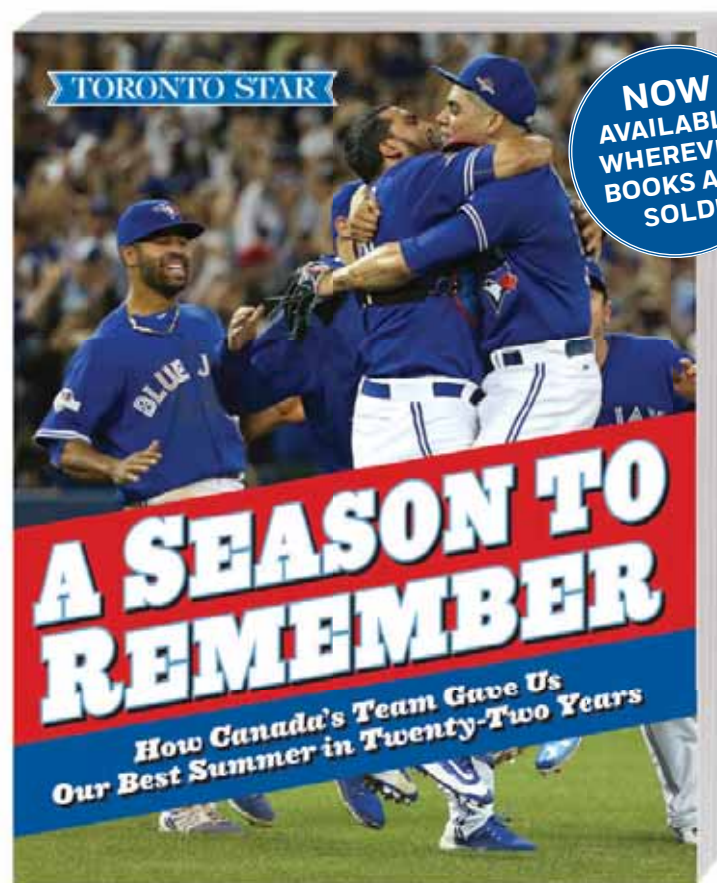
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Club sending pair to Lac Leamy

BOXING

Taylor Page, Danyk Croteau to make pro debut at casino

Tucked away on a quiet stretch of Brookfield Road, dreams are currently taking shape inside the doors of one of only two clubs in Ottawa said to be solely dedicated to the sport of boxing.

Music churns out over the loudspeakers, though not loud enough to mask the sound of fists pummelling punching bags. Athletes fill the main space at the Final Round Boxing Club, training for their turn in the ring.

“It’s very strategic. It’s not just two people putting on gloves and trying to beat each other up and kill each other.” Taylor Page

“Harder,” barks a coach, encouraging his athletes to test their physical limits.

In the club’s main room, punching bags hang from the ceiling, and the only ring dominates one side of the space.

Boxers Taylor Page, of Orléans, and Danyk Croteau, who works in Riverside Park and the Southgate area, have just finished sparring.

The training partners are preparing for their upcoming debuts as pro fighters at Fight Club 18 on Feb. 21 at Hilton Casino Lac Leamy.

“I’m ready,” says Croteau, 25. He’s been dedicated to the

sport for about seven years, after getting hooked at age 16. He credits his training at the Final Round and another club in his hometown of Buckingham, Que. for preparing him, as well as the 38 amateur fights he already has under his belt.

He works out six days a week, in and out of the ring.

“I’ve been training hard,” he says.

Page, meanwhile, recently returned to Ottawa after fighting at the amateur level in Las Vegas since he was 21.

With more than 50 bouts to his credit, and just five losses, the 24-year-old says he’s looking forward to applying his strategic prowess in the ring during his upcoming fight.

“In the professional line it’s

more of a chess game, which few people understand,” he says of his decision to turn pro.

“It’s very strategic. It’s not just two people putting on gloves and trying to beat each other up and kill each other,” he says of the sport that first became an outlet for him at age 12.

Since then he has “trained every second of the day.”

“I’m ready,” Page says. “I’ve been doing it for too many years now.”

He became hooked on the sport almost immediately.

“It was an outlet for a lot of things,” he says. “It just makes



Buckingham, Que.’s Danyk Croteau and Taylor Page, of Orléans, engage in some light sparring inside the ring at the Final Round Boxing Club. The pair is set to fight against other opponents during a night of boxing at the Hilton Casino Lac Leamy on Feb. 21. ERIN MCCracken/METROLAND MEDIA

you feel good. There’s just so much science behind what exercise does for your brain.”

After he and Croteau work up a sweat in the ring, others take their place, while still more gather in groups around the ring, sweating through intense workouts.

A gargantuan punching bag

hangs from the ceiling in the middle of the workout floor.

Heavyweight boxing champion Tyson Fury brought the bag in to train “because he’s six-foot-nine and all the other bags are too small for him,” club member Oni Joseph says with a laugh. “He’s the current world champion. See how this

place is hidden?”

Pro fighters like Fury tend to eventually make their way to the Final Round Boxing Club at various points in their careers, says Joseph. Fury spent a month training there in 2013, and left his punching bag behind.

The gym has not only drawn champions. It’s also produced

them, largely due to the vision of the club’s co-owner, manager and head coach Eric Bélanger, says Joseph.

She has made herself an unofficial promoter of the club and its fighters because of the powerful impact she says the club has had on her life, health and outlook.

Croteau has been training with Bélanger for a year, while Page has been coached by him off and on for eight years.

Boxers come from across the city and beyond to hone their skills there with Bélanger’s guidance, Page says.

“It’s his mentality,” he says. “Quitting isn’t an option. The thing about boxing is and picking a coach is you have to connect.

“And he’s just so outgoing and funny, but he knows how to take it seriously too.

“When it comes time for business, there’s no excuses,” Page says. “There’s no joking. He pushes you to the absolute limit, and beyond.”

Joseph motions to Erica Adjei, a Canadian women’s boxing champion in the 54-kilogram weight class, who won in her division at the 2015 Ringside World Championships in Missouri.

Custio Clayton, a 2012 Canadian Olympian, also trains at the club when he’s in the area, Joseph says.

Joseph plans to be there when Page and Croteau step into the ring at the casino on Feb. 21.

“They’re world-class fighters,” she says proudly. “They work really hard.”

ERIN MCCracken/METROLAND MEDIA

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Deal leaves Senators fans reeling

NHL

Concern mixed with cautious optimism



Michael Woods
Metro | Ottawa

That noise you heard Tuesday morning?

That was the collective sound of Ottawa Senators fans' brains exploding when news of the trade for Toronto Maple Leafs captain Dion Phaneuf dropped like an anvil out of nowhere.

The nine-player blockbuster trade stunned both fan bases. Many Leaf fans thought Phaneuf's \$7-million-a-year contract was untradeable.

And many Sens fans would have put Phaneuf — who was booed constantly when the Leafs visited the Canadian Tire Centre on Saturday — near the bottom of the list of likely future Senators.

But once the shock and disbelief subsided, many Senators fans turned to cautious optimism.

Ottawa unloaded unwanted contracts of Jared Cowen and Colin Greening to the Leafs. That made some fans happy.

"Listen, I get that the Phaneuf contract is an issue but trading Cowen and Greening in the same deal? Pretty impressive," wrote Twitter user SensChirp.

"I'm not prone to hyperbole, but I can state that Colin Greening and Jared Cowen being traded to the Leafs is the greatest moment of my life," added Twitter user Luke Peristy.

Milan Michalek, a well-liked but injury-prone forward, and his \$4-million salary also headed to Toronto. Ottawa also acquired several minor leaguers and prospects from the Leafs.

But other fans expressed concern about Phaneuf's albatross contract. The Senators save money in the short term, but Phaneuf is owed \$7 million per season until 2021.

"Phaneuf can play, but a contract like his on a budget team that evidently can't allocate money is poison," Emmanuel Perry wrote on Twitter.

And others were concerned about the Senators unloading well-regarded prospect Tobias Lindberg, drafted in 2013.

"I'm not sure how I feel about it. We'll have to wait and see what happens with Lindberg," said Senators fan Pierre Alary.

The Sens and Leafs next face each other March 5 in Toronto.



A blockbuster trade sees the Senators acquiring Dion Phaneuf, captain of the arch-rival Maple Leafs. DARREN CALABRESE/THE CANADIAN PRESS

WE ASKED YOU

What do you think of the trade?

I'm optimistic. It'll be very interesting to see how Phaneuf does down the line. I think it'll be good in the short term, and we'll see what happens long term.



Kevin Brink, 24

I think Ottawa scored on the deal. I really like the fact that we traded Cowen. I'm hoping that Phaneuf is energized being on a new team.



Nick Calder, 31

I think that Phaneuf is going to fit in well in Ottawa. I think Ottawa needs a bit of power and a little bit more leadership, so I think it's a good trade for Ottawa. I'm sad to see Michalek go; Cowen, I'm okay with that.



Matt Jacques, 41

I'm not sure how I feel about it. We'll have to wait and see what happens with Lindbergh. It seems like a low-risk move, depending on what happens with Lindbergh.



Pierre Alary, 31

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A BY-THE-NUMBERS LOOK AT DION PHANEUF

1 — Phaneuf won a world junior championship gold medal with Canada in 2005.

2 — The number Phaneuf will wear with the Senators. He previously sported No. 3 with the Calgary Flames and Toronto, but that number is currently held by Senators defenceman Marc Methot.

3 — The number of NHL all-star games Phaneuf has appeared in, twice as a member of the Flames and once as a Leaf.

7 — The number of playoff

games the Leafs appeared in with Phaneuf as captain.

9 — The Flames selected Phaneuf ninth overall in the 2003 NHL draft.

20 — The number of goals Phaneuf scored as a rookie in the 2005-06 season. He has not reached that milestone since.

44 — The number of points Phaneuf totalled in his best offensive season (2011-12) as a Leaf.

60 — The number of points

Phaneuf scored in the 2007-08 season, when he was a finalist for the Norris trophy as best defenceman.

423 — The number of regular season games Phaneuf played as a Leaf, tied for 55th-most in team history.

1,120 — The number of penalty minutes the hard-hitting Phaneuf has piled up over his NHL career.

7 million — Phaneuf's annual cap hit in U.S. dollars until his contract expires in 2021. THE CANADIAN PRESS

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Councillor funds pathway project

PARKS AND RECREATION

Dirt trail in St. Paul's Park to be paved, extended

A well-travelled yet unofficial dirt path through St. Paul's Park in Overbrook is set to get some tender loving care from Tobin

Nussbaum.

The Rideau-Rockcliffe councillor is looking to fund the construction of a new multi-use path through the park to replace a muddy walkway that has formed organically over the years.

"It's about connectivity," he said in an interview.

"It's about giving people a safe way to move in the ward and it's also about improving

the park facilities."

The unofficial path has served as a connection between Donald Street to the south and Moorvale Street to the north, which intersects McArthur Avenue.

The park is home to a play structure, a wading pool in the summer, as well as a skating rink during winter months.

"It's a nice place to hang out year round," Nussbaum said.

"We just want to make sure

\$50K-100K

The new 200-metre long pathway is expected to cost between \$50,000 and \$100,000.

people have a better opportunity to access and use these facilities."

Nussbaum said the path was brought to his attention through discussions with the Overbrook Community Association. He visited the path in the spring and figured a formal pathway was needed.

"It gets a little treacherous," he said. "It's a fairly narrow path."

The plan includes widening the path, paving it and developing park entranceways

that are more welcoming, Nussbaum said.

The new 200-metre path will likely cost between \$50,000 and \$100,000 and will be funded through Nussbaum's cash-in-lieu of parkland funds — a pot of money each councillor has to spend on parks in their ward.

The councillor has worked with city staff to come up with a preliminary design.

ALEX ROBINSON/METROLAND MEDIA

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A design of the proposed Carlington Community Health Centre expansion. COURTESY CITY OF OTTAWA

PLANNING COMMITTEE

Carlington 'health hub' approved by city



Lucy Scholey
Metro | Ottawa

A city planning committee gave the go-ahead on Tuesday for a new community "health hub" in Carlington.

The proposed Carlington Community Health Centre expansion would add on 42 apartments for seniors, plus medical and support services. Ottawa Community Housing, the city's largest social housing provider, has partnered with the health facility at 900 Merivale Rd.

This type of partnership, and health integration, is new in Ontario, according to Ottawa Community Housing CEO Stephanie Giguere.

"This is the type of concept that can become a landmark," he said. "We already received calls from Brampton, Vaughan, Mississauga and Sudbury, who are looking to explore a concept like this."

If council approves rezoning for the project on Feb. 24, construction could begin by this fall and wrap up in 2017. A dozen of the units will be accessible and the medical centre will open doors to the greater community — not just the tenants.

The Carlington Community Health Centre is aging and overburdened. So is the wait list for affordable housing in the city. Of the roughly 10,000 people waiting for an Ottawa Community Housing spot, 2,500 are seniors.

Coun. Jan Harder, the planning committee chairwoman, said this proposal is a "great opportunity" for the Carlington community, which may see a facelift with the proposed Westgate Shopping Centre overhaul.

"It's a renaissance, if you will," she said.

The addition would encroach on a 20-year-old community garden. Organizers of the garden have said they are looking for a new location.

GATINEAU

Person of interest sought by police after hotel shooting

Police in Gatineau, Que., are seeking a man they say may have information related to the killing of a 25-year-old Ottawa woman last fall.

The man — described as 50 to 55 years old, about five feet 11 inches tall, with brown

eyes and a salt-and-pepper goatee — is considered a person of interest in the slaying of Christine MacNeil.

MacNeil was shot dead in a hotel room at the Four Point Sheraton in the Hull area on Oct. 19. No suspect has been identified.

THE CANADIAN PRESS



Minister Mélanie Joly, right, speaks to reporters at the National Arts Centre on Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

Survey nets 8K responses

LEBRETON FLATS

Minister has no concerns over openness

Michael Woods
Metro | Ottawa

Nearly 8,000 people filled out the online survey about the future of LeBreton Flats, the

National Capital Commission (NCC) revealed Tuesday.

The two-week public consultation period on the competition to redevelop the prime land west of downtown ended Monday night, and the minister in charge of the NCC said she's happy with the process.

"I'm very happy with how the NCC was able to do an interesting public consultation and that it showed openness and transparency," Heritage

Minister Mélanie Joly told reporters Tuesday.

Joly has expressed concerns to the NCC about its openness in the past. But she said she's pleased with the level of participation in what she called a "life-changing project" for Ottawa.

Out of the 7,939 people who filled out the online questionnaire, 82 per cent were from the National Capital Region, the NCC said.

"The high level of civic engagement and serious debate on the redevelopment of LeBreton Flats will help guide this historic project to a successful conclusion," NCC CEO Mark Kristmanson said in a release.

The public feedback will be compiled into a report presented to the NCC's evaluation committee. The committee will make a recommendation to the NCC board of directors in the spring.

RENOVATION

Optimism at NAC groundbreaking

The National Arts Centre (NAC) officially broke ground on a major facelift Tuesday, kicking off a renovation that's due to be finished in time for July 1, 2017 — Canada's 150th birthday.

The \$110-million architectural rejuvenation will include a dazzling new entrance on Elgin Street that will change the face of Confederation Square.

"I really believe ... it will animate and energize this whole part of the downtown area," said NAC CEO Peter Herrndorf. "I've seen it happen in other cities and I think it will happen here."

The timeline is tight, but NAC brass are optimistic.

"Both the architects and the construction firm believe that the key elements will be finished by

July 1, and we're going to hold them to it," said Herrndorf. "This is not one of these deadlines that you can easily miss."

Dignitaries at Tuesday's ceremony included U.S. ambassador Bruce Heyman and Mayor Jim Watson. The ceremony featured clips from a documentary about the NAC's grand opening in 1969, at which then-prime minister Pierre Trudeau spoke.

The signature element of the new addition is a "lantern" that will include digital projections showcasing performing arts from across the country.

"We really imagine the NAC as a luminous beacon for the arts for all of Ottawa ... and the nation as a whole," architect Donald Schmitt said. MICHAEL WOODS/METRO



From left: NAC official Gail O'Brien, Mayor Jim Watson, Minister Mélanie Joly, NAC official Adrian Burns and vice-president of PCL Constructors Kevin Skinner. SEAN KILPATRICK/THE CANADIAN PRESS

IN BRIEF

Officer suspended after criminal charges laid

Ottawa police say one of their officers was suspended from duty on Tuesday until further notice after Gatineau police laid criminal charges against him in connection with an off-duty incident.

Ottawa police said in a news release that Const. Nermin Mesic, 40, was arrested on Sunday in Gatineau.

Mesic is facing charges of assault, uttering threats and forcible confinement.

He was released from cus-

tody and will appear in Gatineau court on March 30.

The Ottawa Police Service Professional Standards Section is also investigating the matter, which may lead to charges under the Ontario's Police Services Act.

In 2009, Mesic pleaded guilty to unlawfully exercising authority, discreditable conduct and neglect of duty under the Act following an investigation into his conduct during an on-duty incident on Overbrook, according to CBC News. JOE LOFARO/METRO

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BRIDGING THE GAP PART OF CANAL REOPENS FOR SKATING A man skates under a bridge along the Rideau Canal on Tuesday. A 7.4-kilometre section of the canal reopened to skaters as temperatures stayed cold enough for the ice to thicken. ADRIAN WYLD/THE CANADIAN PRESS

Overcrowded jail 'worst in province'

OPSEU TOUR

But minister's office disputes claim inmates sleep in shower



Joe Lofaro
Metro | Ottawa

Inmates at the overcrowded Ottawa jail on Innes Road are now sleeping in shower stalls because there isn't enough room to properly accommodate everyone, said the head of the union representing correctional officers Tuesday after touring the facility.

His claim is disputed by the press secretary of Community Safety Minister Yasir Naqvi.

There are two mattresses on the floor in some showers for inmates to sleep on, said Ontario Public Service Employee Union president Warren (Smokey) Thomas of the Ottawa-Carleton Centre (OCCDC).

"I always say they have the dubious honour in any given day of being the worst (jail) in the province," Thomas said following his 90-minute tour.

"But here, using the showers is definitely a first."

But the press secretary for Naqvi said that is not the case.

"It is important to be clear, the statements made by Smokey Thomas with regard to inmates sleeping in showers and meeting rooms are completely inaccurate," said Lauren Callighen in an email Tuesday evening.

The statement said the ministry is committed to transforming the correctional system and is already making headway on that front.

The province has hired 33 new correctional officers for the OCCDC since 2013, including six new COs who started working in December, said Callighen. Another 13 are currently being trained and another 40 are being recruited for the OCCDC, she said.

But the union repeated its call for at least 100 new correctional

officers to improve conditions at the Ottawa jail.

Thomas said he was shocked by two, sometimes three, inmates crammed into a segregation cell designed for one.

Last month, the jail averted a strike after the province reached a tentative agreement. One of the terms of the new deal would be that correctional officers were deemed an essential service under, which removed their right to strike.

Another problem not unique to the OCCDC is many inmates have some type of mental illness as they serve their sentence or await bail or a trial, said Thomas.



The statements made by Smokey Thomas ... are completely inaccurate.

Minister's press secretary
Lauren Callighen



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Arming Kurds a risk: Critics

EXTREMISM

Analysts say Canada's plan could backfire

The government faces calls to reconsider its plan to arm Kurdish fighters with automatic weapons and mortars because they could fall into enemy hands or be used to harm innocent civilians.

Analysts warn that Canada's decision could have long-term consequences, even if it does assist its best ally on the ground in the fight against the militants of the Islamic State of Iraq and the Levant.

Canada will triple its contingent of 69 special forces trainers working with Kurdish Peshmerga forces in northern Iraq — part of a retooled contribution that will also see CF-18 fighter jets end their bombing sorties there and in Syria.

A recent report by Amnesty International accused the Kurds of bulldozing and burning down thousands of Arab homes in northern Iraq in an apparent

attempt to uproot them.

"The news that an increased contingent of Canadian troops will be involved in training and providing support to Peshmerga forces, therefore, potentially raises serious human rights concerns," said Alex Neve, the head of Amnesty's Canadian branch.

Thomas Juneau, a University of Ottawa Middle East security specialist, said arming the Kurds could lead to long-term pain of the region as well.

"The Kurds in Iraq and in Syria are among the most reliable fighting forces on the ground against Islamic State," but they have aspirations for a country of their own, he warned, meaning Canada may be "playing against our long-term objective" of a united and stable Iraq.

Peggy Mason, president of the Rideau Institute, urged the government to reconsider the plan to arm the Kurds, noting there's a spotty history of weapons caches falling into the hands of the Islamic State of Iraq and the Levant throughout Libya, Syria and Iraq.

THE CANADIAN PRESS



PLOWING THROUGH A SNOW JOB

Haligonians were digging Tuesday after about 30 centimetres of snow blanketed the East Coast late Monday.

The blizzard conditions caused cancelled flights and closed schools in. Environment Canada reported that the wintry blast brought up to 43 centimetres of snow to Nova Scotia, although much of the province got less than half that.

Blowing snow also made travel difficult through much of southern New Brunswick and Prince Edward Island. The blizzard continued to track northeast into Newfoundland. THE CANADIAN PRESS

PHOTO: JEFF HARPER/METRO

ANIMAL CRUELTY

66 dogs rescued in mill bust



Matt Kieltyka
Metro | Vancouver

Sixty-six sick and neglected dogs — some with broken limbs or missing ears — were seized from a suspected puppy mill in Langley, B.C.

The BC SPCA announced the bust Tuesday, saying the seizure of 32 adult dogs and 34 puppies in need of urgent care is one of the largest in the province's history. Criminal charges are being recommended against at least two people.

Investigator Marcie Moriarty said the animals were confined to small crates and cages in unheated and unsanitary buildings.

Many require veterinary care as a result of their "desperate conditions."

The mill bred and sold many in-demand breeds, including Old English sheepdogs, Bernese mountain dogs, standard poodles and Portuguese water dogs across the country.

There is no legislation governing breeders, only municipal kennel licensing.

Moriarty recommends against buying animals from a breeder

sight unseen.

"Visit the property," she said. "A good breeder is very eager to show off their dogs and they'll ask just as many questions of you as you have for them."

In other cases of this size, Moriarty says the SPCA and prosecutors have been successful in getting lifetime bans on animals ownership against breeders and some have served jail time.

The BC SPCA is requesting donations of blankets, towels and dog beds to keep the animals warm and comfortable at its Vancouver shelter, where many of the dogs are now being kept.



This Bernese dog was among 66 dogs seized from BC SPCA. CONTRIBUTED

IN BRIEF

Microbeads to be banned

The federal government plans to ban two-millimetre microbeads from facial cleansers, toothpaste and other products by 2017. There is evidence the plastic accumulates in lakes and rivers. The government seeks public input.

THE CANADIAN PRESS

Mounties increase safety

In the wake of the June 2014 shooting deaths of three Mounties in Moncton, N.B., the RCMP has completed 42 of the 64 recommendations from a January 2015 report, with a priority on safety, equipment — including better access to shotguns — and training. THE CANADIAN PRESS

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Early wins for Trump, Sanders

NEW HAMPSHIRE

U.S. candidates considered to challenge the establishment

Bernie Sanders defeated Hillary Clinton in the New Hampshire primary Tuesday, and Donald Trump scored his first victory in a triumph of two candidates who have seized on Americans' anger at the political establishment.

Both outcomes would have been nearly unthinkable not long ago. Sanders, a democratic socialist, defeated Clinton, the former secretary of state once seen as the all-but-certain nominee. While Clinton remains the favourite in the national race for the Democratic nomination, the win by Sanders could be a springboard into a competitive primary campaign.

For Trump, the brash real-estate magnate, the win was an important rebound after his loss

to Texas Sen. Ted Cruz in last week's Iowa caucuses, the first nominating contest. Trump has led national polls for months and the win reinforces his position as front-runner, proving his unorthodox, populist campaign can win primaries.

With Trump's victory, attention shifted to the runners-up. Several candidates needed a strong finish to ensure the survival of their campaigns. Marco Rubio, a 44-year-old Florida senator, hoped to build on a solid third-place finish in Iowa and brush off a rocky performance in the last debate. Former Florida Gov. Jeb Bush, Ohio Gov. John Kasich and New Jersey Gov. Chris

Christie needed to show voters, and crucial financial donors, that they're viable candidates.

At stake Tuesday were less than 1 per cent of the delegates who will choose nominees to succeed Obama in July. But a strong showing in New Hampshire can result in a wave of media coverage, donations and give a candidate momentum ahead of races in coming weeks, including the March 1 "Super Tuesday", when 11 states vote.

Republicans were more negative about their politicians than Democrats, with about half of Republican voters saying they felt betrayed by party officials, according to exit polls by Edison Research.

Among Democrats, Sanders, who narrowly lost Iowa, has appealed to liberal Democrats who believe Obama hasn't done enough to address the nation's wealth disparity. Clinton has cast herself as more pragmatic and able to achieve her agenda by working with Republicans.

THE ASSOCIATED PRESS



Democratic presidential candidate Sen. Bernie Sanders

SPENCER PLATT/GETTY IMAGES



Republican presidential candidate Donald Trump

JILL COLVIN/THE ASSOCIATED PRESS

GOVERNANCE

U.A.E. to get a chief of glee

The prime minister of the United Arab Emirates has announced the creation of a new ministry of happiness in the Arab Gulf state.

But not everyone is smiling. Critics quickly took to Twitter to question how the U.A.E.'s human rights record and involvement in regional wars help make people happier.

The new Minister of State for Happiness, said Sheikh Mohammed bin Rashid Al Maktoum on Twitter, "will align and drive government policy to create social good and satisfaction." A Minister of State for Tolerance, meanwhile, will "promote tolerance as a fundamental value in U.A.E. society."

The announcement comes amidst a larger government shakeup and news that the government would privatize some services.

In a series of tweets, Al Maktoum, who also serves as the ruler of Dubai, said he wanted a person under 25 to serve as the next minister overseeing youth issues.

TORSTAR NEWS SERVICE

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Women execs boost profits

WORKFORCE

But a female CEO makes no difference, study finds

Companies that want to boost their bottom line should promote more women to the executive suite, a global survey concludes.

Profitable firms that went from having no female leaders to 30 per cent representation saw a 15 per cent increase in their financial performance, the study by the Peterson Institute for International Economics found.

The reason for the success was elusive, the study said, noting it may be that women increase the diversity of skills available to a firm or that companies who discriminate against women underperform.

Having more women on the executive team had a greater impact on corporate success than having more women on the board, while having a women CEO made no difference, the study found.



Companies with more women executives perform better financially, new study shows. iStock

Despite this apparent advantage, female representation at the highest corporate levels remains low, according to the review of nearly 22,000 firms in 91 countries, including Canada.

Almost 60 per cent of com-

panies have no female board members, just over half have no women senior executives, and less than 5 per cent have a women CEO, according to the study, called Is Gender Diversity Profitable.

Canada ranked in the bot-

tom 10 countries reviewed by the institute, which may reflect the fact so many of its publicly traded companies are small firms working in the resource industries, said Michelle de Cordova, director of corporate engagement with NEI Invest-

ments, Canada's oldest and largest ethical mutual fund.

The Peterson study found that, across the globe, larger firms and firms in finance and health scored the highest on female representation.

In Canada, the big banks have among the strongest track record of promoting women, Catalyst Canada research has found.

Royal Bank of Canada made history in 2013 when it named Kathleen ("Katie") Taylor the country's first female bank chair. Taylor has used her position to champion corporate diversity.

Corporate Canada still has a long way to go, the Peterson study found, noting that women made up just seven per cent of board members, 14 per cent of executives, three per cent of CEOs and two per cent of board chairs at the 2,074 companies surveyed.

So far, only 14 per cent of Canadian companies have a formal plan for promoting women to their boards — and only seven per cent set specific targets, a review in September 2015 found.

TORSTAR NEWS SERVICE

HAPPY BIRTHDAY LYRICS

Copyright suit settled

Music publisher Warner/Chappell Music will return \$14 million US in fees to settle a lawsuit that challenges its claim to Happy Birthday, one of the world's best-known songs.

A federal judge ruled in September that Warner/Chappell didn't own the lyrics and had no right to charge for their use.

Under terms of a settlement reached in December, Warner/Chappell will give up its claims to the ubiquitous song and reimburse those who paid licensing fees.

THE ASSOCIATED PRESS

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MARKETS

Companies lose billions buying back their own stock

If you think your stocks are doing poorly, check out the performance of some of the most sophisticated investors: companies that buy their own shares.

The companies losing money on these bets are down a col-

lective \$126 billion US over the past three years, a decline of 15 per cent, according to a study prepared by FactSet.

Many corporations would have been better off investing that cash in an index fund instead of their own stock. The

overall market rose 39 per cent over the same period. The companies could also have distributed that cash as dividends to shareholders.

When a company shells out money to buy its own shares, Wall Street usually cheers. The

move makes the company's profit per share look better, and many think buybacks have played a key role pushing stocks higher in the seven-year bull market.

But buybacks can also sap companies of cash that they

could be using to grow for the future, no matter if the price of those shares rises or falls.

And the recent losses highlight another criticism: companies may be good at finding oil or selling bathroom trinkets, but they aren't always

smart stock investors. Some corporations bought ever more of their own shares even as prices tripled from financial-crisis lows and several measures showed the market was overvalued.

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metr VIEWS

Four-legged friends
Horses can interpret human facial expressions, a new study says. Dogs are the only other animal known to do this.

Wednesday, February 10, 2016

URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

Seems this must be sex-ed time for our junior high schools. The loud-talking students on the city bus are letting a lot of people know about it — in detail. How can I make my life better for my 45-minute ride home?

Dear Ellen,

Seems this must be sex-ed time for our junior high schools. The students on my bus are letting a lot of people know in detail every part of sex ed, which makes some people cringe. The bus driver has even stopped the bus and asked them to please not talk so loud. Is there some kind of advice so I can make my life better for my 45-minute ride home?

Jack in Calgary

Dear Jack,

I support sex education in the schools 100 per cent. There is nothing “dirty” about learning the correct names for body parts and how human reproduction works. Ignorance or misunderstandings about the facts of life can be embarrassing at best, and dangerous at worst, for people who grow up without knowing the basics or who pick up misinformation from shame-filled, secretive or malicious sources.

You should also know that I have used a fair bit of profanity in my day. I spent a formative period of my youth in England amongst an invading horde of hard-drinking, sex-obsessed, foul-mouthed Australians. After the initial shock wore off, I joined in with gusto.

Possibly it was a matter of self-defence; refusing to be intimidated, I tried to outdo them in the creative

Even if you don't find such language embarrassing or offensive, the fact is that many people do.

application of profanity to every conceivable situation. I think my immature adolescent brain was confusing vulgarity with fearless intellectual independence. Immature adolescent brains can be quite obnoxious, as you have discovered on your daily bus ride.

Needless to say, working as a journalist has done little to rein in my habit of using coarse language.

However, in spite of my approval of tax-funded sex education, and my own indulgence and expertise in profanity, I absolutely agree with you that it's unacceptable for anybody to use coarse language or discuss sex in any kind of language, coarse or otherwise, in public.

Even if you don't find such language embarrassing or offensive, the fact is that many people do. And it's inconsiderate, and therefore ill-mannered, to inflict your unwanted, uninvited, crude and cringe-making conversation on others.

There is no shortage of times and places that are suitable for filthy conversation. In the privacy of your own home, for example. Or at certain clubs or parties. Or the workplace, if you work with journalists, or stereotypical longshorepersons or sex workers. Or the Australian consulate.

Having said all that, I'm not sure what we can do to solve your problem. You could politely ask the kids

to tone it down, or rely on the bus driver to threaten to throw them off the bus each day. It might eventually seep into their muddled young brains that their loud and lewd conversation is unacceptable.

But even nice, well-intentioned, well-brought-up kids aren't always aware of how obnoxious they're being when they're having giddy, boisterous fun in a group.

All I can suggest is that you invest in some high-quality (non-leaky) headphones to listen to music or podcasts, or some earplugs to listen to nothing, during your daily commute.

Need advice?
Email Ellen:
scene@metronews.ca



The Democratic field of competing feminist dreams



Emma Teitel
Metro Toronto

Anna Maria Tremonti, host of CBC radio's *The Current*, moderated a debate this week between two very different American political volunteers: Karen Murphy, a 53-year-old Hillary Clinton supporter, and Anoa Changa, a 34-year-old Bernie Sanders supporter.

It sounded less like a civil argument than it did a squabble at Thanksgiving between a cranky grandmother and rebellious granddaughter.

The fly in the ointment was generational feminism. Second-wave feminists of Murphy's ilk tend to support Clinton because they long to see a woman — any woman — in the White House. But fourth-wave feminists — millennials — are skeptical of an establishment candidate whose X chromosomes don't change the fact that she is a champion for the status quo.

Many millennial women support socialist Sanders, who supported gay rights decades before Clinton did and who knows no villain more villainous than income disparity. Sanders is a staunch advocate for the poor and middle class, a position in sync with a modern feminist movement fixated on “intersectionality” (the intersection of class and race in politics).

Old-guard feminists such as Gloria Steinem, who is uncompromising in her support of Clinton, appear to resent this. In fact, in the eyes of some of the world's most esteemed feminists, Hillary Clinton is to the Democratic

nomination what Leonardo DiCaprio is to the Oscars: an “about-time” shoo-in.

What's so ironic about this feminist flame-war is that it is precisely because of advances made by establishment feminists that modern feminists can reject a woman candidate and vote with their heads rather than their hearts.

These older feminists see Clinton as a symbol, but symbols are no longer any match for candidates who, while male, advocate platforms that are likely far more beneficial for women. It's a testament to the success of feminism that women can now dismiss female candidates who don't share their philosophies.

Clearly, second-wave feminists don't see it this way, possibly because their desire to see Clinton in power at all costs isn't really about progress, but mortality. They understandably want to see a woman in the White House before they die. I would, too. But for millennial feminists who have decades of voting ahead of them — and who came of age when the United States elected its first black president — the possibility of a female president appears not just likely within their lifetime, but inevitable. So why should they be expected to lay all their chips on the table for a woman whose politics are a watered-down version of her progressive male rival's? They shouldn't. And, for the good of women everywhere, they won't.

Emma Teitel is a national columnist for the *Toronto Star*.

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GETTY IMAGES



JOHANNA SCHNELLER **WHAT I'M WATCHING**

Let freedom ring from Levi's Stadium

THE SHOW: Super Bowl 50, halftime show (CBS/CTV)
THE MOMENT: Beyoncé's X

After Coldplay lulled us and Bruno Mars funkyed us up, the field cleared and Beyoncé strode in, wearing black leather and backed by the Dream Defenders, women dancers in Black Panther berets. (Reminding us that like the Super Bowl the Panthers turn 50 this year.)

As Beyoncé launched into

Formation, she already knew she owned the day. Though some couldn't make out her lyrics ("I like my Negro nose with Jackson 5 nostrils"), when her dancers formed a giant X, they got the message.

"You know you that bitch when you cause all this conversation," Bey sings, and did she ever. The Twitterverse exploded ("Beyoncé is my church").

Throughout Monday, conservative commentators huffed — "Does everything have to

be about race?" "Does middle America need to see this?" — and late-night hosts mocked them.

"You know what's in middle America?" the Daily Show's Jessica Williams asked. "Ferguson, Missouri."

Should the Super Bowl be political? Uh, yeah. Beyoncé wasn't to blame, for example, that America had turned Carolina Panthers vs. Denver Broncos into a contest between a black quarterback and a white

one. She merely confronted the mood in her country, as an artist should. If you have an audience of 115.5 million, it's your job to rattle their cages.

Nobody objected when Bud Light went "political" with its ad featuring Amy Schumer at a podium, declaiming that guzzling brewskis is the one thing all Americans have in common. Haters were simply peeved that Beyoncé showed everyone what a real statement looks like.

Girl, I hear some thunder.

LYRICAL ENDORSEMENT

Beyoncé's Formation has Red Lobster sales spiking

Queen Bey sent Red Lobster sales soaring 33 per cent on Sunday, one day after the star released her new song Formation. The song references the seafood chain as a reward for sex, in a line we probably can't publish.

Red Lobster jumped on

the publicity, tweeting some Beysus-inspired lines like "Cheddar Bey Biscuits" and thanking Beyoncé for "one heck of a weekend."

According to the chain, Red Lobster trended on Twitter for the first time ever after Beyoncé released her surprise single Saturday.

REBECCA WILLIAMS/METRO

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DATING

Valentine's Day doesn't have to be self-pitying if you're alone

Sofi Papamarko
For Torstar News Service

"How I'm going to spend Valentine's Day," a parody account in comedian Will Ferrell's name tweeted.

"Naked, on the floor with a bottle of liquor in my hand, screaming Adele songs to my cat."

The real-life Ferrell is a happily married man. Nonetheless, the tweet quickly became a meme. It continues to be posted and shared by self-aware singles, steeped as they are in anxiety about hitting the lowest possible lows on a depressing holiday.

It's easy to forget that Valentine's Day is just another day. Here are some suggestions for how singles can make it

More like Netflix and chili #single



through those 24 hours without listening to 25 on repeat or otherwise marinating in self-pity.

Host a cocktail party for singles

If you're a single person lucky enough to have a network of

single friends, have everybody over for cocktails, canapés and conversation. The best bad-date story wins a prize.

Netflix and chill

Take "Netflix and chill" to the next level: watch Netflix and chill by yourself. (Where chill = a pint of Ben & Jerry's). Also acceptable: Netflix and chili.

Polish your dating strategy

Update your online dating profiles. Snap a new glamour shot for Tinder or Scruff.

Look into upcoming singles events and meet-ups. Hire a matchmaker. It's empowering to know you're doing everything you can to up the dating ante.

Pound it out

The rush of endorphins that accompanies a great workout will counteract the singleton blues. Happy bonus: you can confidently make eyes at everyone around you: if the are at the gym on Feb. 14 they're probably single, too.

Romance a friend

Who says only couples can take advantage of all of the overpriced prix-fixe menus across town?

Spend some quality time with a good platonic pal by planning a "date" with them. Dress up nicely and wine and dine each other at a fancy restaurant or cook a really elaborate gourmet meal together.

Call somebody you care about

Whether it's a parent, a child, an old friend or a favourite aunt, reach out to someone you love.

Valentine's Day emphasizes romantic love, but other forms of love are equally worthy of celebration. Love the ones you've got.

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DRINK PICK

Rosés: Pretty in pink

With their kitschy pink hue, even classically produced rosés find it hard to escape blush wine's reputation as a simple, summertime sipper.

But you can enjoy a rosé any time of year. Eminently food-friendly, they make a perfect pairing with breakfast in bed, especially with Valentine's Day landing on a Sunday this year. The last time I was in France I had a

chance to spend some time with Gérard Bertrand; the undisputed king of southern French wines.

He introduced me to his fruity, yet dry, 2014 Côte des Roses Rosé (\$18.95-\$19.99), a blend of Grenache, Cinsault and Syrah that brilliantly reveals each grape's personality as it rolls around your mouth.

What really makes it my top Valentine's pick is the

bottle. Tall and slim, it comes with a glass stopper and an elegant crimping on the bottom that when turned upside down looks like a rose in full bloom. What's not to love?

PETER ROCKWELL/
FOR METRO



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Love a dish best served at home

VALENTINE'S DAY

Baked scallops a delectably simple make-ahead dinner

Valentine's Day can throw the best of us into a wild panic. How to show the one you love the way you feel without succumbing to clichés?

Booking a table at a romantic restaurant for the set steak dinner with a side of heavy breathing couples, or buying a bunch of roses on the way home — always lovely, but never original.

What everyone wants is to feel like they're being thought about or cared for. Making something for someone does exactly that because it's a simple act of love. It need not be a pudding flambé or an Eiffel Tower-high croqueembouche, just something special.

This Valentine's Day, take a pass on the expected. As in, ditch the restaurant reservations. You're just going to get overcharged for so-so food, anyway. Instead, stay home and show your lover how much

you care by assembling this simple — but impressive — baked scallop dinner.

The beauty is that this recipe, which bathes scallops in a cream sauce and tops them with crispy panko bread crumbs, is easily prepped up to 24 hours ahead, then refrigerated until you are ready to serve.

When you are ready for romance, just heat the oven to 400 F and pop the individual servings in for about 10 minutes. The result is impressive enough that you won't miss the restaurant experience even a little.

Just add some crusty bread and a salad and you'll have a complete meal.

Baked Bay Scallops with Lemon Garlic Cream

Start to finish: 30 minutes
Servings: 2

Ingredients

- 1/2 cup panko bread crumbs
- 1 Tbsp butter, melted
- Kosher salt
- 2 Tbsp finely grated Parmesan cheese
- 2 tsp chopped fresh thyme

- 2 cloves garlic, minced
- 1 Tbsp lemon zest
- Ground black pepper
- 1/2 cup heavy cream
- 2 cups (16 oz) bay scallops, cleaned (any tough muscles removed)

Directions

1. In a small bowl, combine the bread crumbs, butter, a pinch of salt and the Parmesan. In another small bowl, combine the thyme, garlic, lemon zest, a hefty pinch of black pepper and the cream.

2. Divide the bay scallops between 2 individual gratin dishes. Pour half of the cream mixture over each dish of scallops, then sprinkle each evenly with the bread crumbs. At this point, the scallops can be wrapped and refrigerated for up to 24 hours or baked immediately.

3. When ready to bake, heat the oven to 400 F. Place the gratin dishes on a baking sheet. Bake for 8 to 10 minutes, or until the cream is bubbling all over and the crumbs are browned.

THE ASSOCIATED PRESS



Baked Bay Scallops with Lemon Garlic Cream is made for two. THE ASSOCIATED PRESS

YOU WILL HEART THIS RECIPE
It can easily be prepped up to 24 hours ahead of time and then refrigerated until ready to be baked for just 10 minutes.

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Laramie model shown

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Hybrids continue to make converts



THE CHECKLIST | 2016 HYUNDAI SONATA HYBRID

THE BASICS

Type. Five-door, five-passenger, FWD midsize sedan.

Power. 38 kw electric motor and 154-hp 2.0-litre I4 (approximately 193 combined hp).

Transmission. Six-speed automatic.

Price. Base \$29,649 (plus destination).

COOL FEATURES

- Unique in class, super-big, two-pane panoramic sunroof.
- Big hybrid battery located under rear seats, to keep trunk volume high, and facilitate a 60/40 folding rear seat back.
- New eco-driving coaching feature measures your level of driving aggression.



MAIN: MIKE GOETZ/FOR METRO; ALL OTHERS HANDOUT

POINTS

- Visually different and aerodynamically superior to regular Sonata. Same super low 0.24 coefficient of drag as Tesla Model S.
- Highest interior volume of all midsize hybrids.
- Plug in version coming, with an all-electric range of up to 35 kms.

MARKET POSITION

- Greener version of Hyundai's high-selling midsize Sonata sedan.
- Prioritizing style, comfort and legroom over sportiness.
- The shape of things to come: Hyundai's recently announced it would significantly increase spending to develop more eco friendly and self-driving vehicles.

REVIEW

A green ride that's different than most

Mike Goetz
For Metro Canada



Taxi operators love hybrids. Most car buyers, however, are just not willing to commit.

But hybrids continue to make more fans every day, and automakers like how hybrids can help them meet current and future corporate fleet fuel economy standards. So hybrids sales are rising, albeit slowly. The second-generation Hyundai Sonata Hybrid was launched late last summer, and shows just how loveable a modern hybrid can be, despite their relative anonymity. Hyundai's hybrid technology is bit different than most. Hyundai uses a "regular" six-speed automatic transmission instead of a CVT or planetary type, and a "regular" gas engine instead of one running on the Atkinson cycle.

Hyundai also places the electric motor between the gas engine and the transmission. It's simpler design, and not necessarily inferior. The vehicle can drive entirely on electric power, even at highway speeds.

For 2016, Hyundai gave Sonata Hybrid a smaller gas engine (now 2.0-litres) and a larger lithium ion battery pack (now with a capacity of 1.62 kWh). The latter now moved under the rear seats, to free up trunk space and facilitate a trunk pass through. You hardly know the extra elec-

tric powertrain pieces are there.

Hyundai also continues to give the hybrid model a distinctive look over the regular Sonata, with unique front grille, bumpers, lights, and wheels. It was also fitted with the company's latest safety stuff, like driver's knee air bag, rearview camera, forward collision warning, blind spot detection, rear cross traffic, and a lane departure warning system with forward-facing cameras. Also new is the infotainment system, highlighted by enhanced voice command, Bluetooth, and the optional and large navigation screen that can support Pandora and Siri. Apple CarPlay and Google Android Auto are coming later in the model year.

Unless you're really aggressive with your right foot, the Hybrid uses electrical power to shove off from a dead stop, and with the more powerful electric drivetrain, it's a great feeling, with smooth, silent thrust. Regenerative braking is also very smooth, and another example of the next level of hybrid refinement offered by this Sonata.

Fuel economy is rated at 5.9 L/100 km City, 5.3 Highway, and 5.6 Combined. If you're looking for optimum fuel efficiency you'll select the ECO mode. Unfortunately this really affected the quality of the driving experience — much slower, and with displeasing engine vocals. I couldn't stay in ECO for more than a few minutes. As far as I can see, not much else is wrong with the 2016 Hyundai Sonata Hybrid. And with a base price of \$29,649, the vehicle represents a lot of technology, size, style — and fuel efficiency — for the money.

THE COMPETITION



Toyota Camry Hybrid
Base price: \$29,085



Honda Accord Hybrid
Base price: \$29,990



Ford Fusion Energi
Base price: \$28,795

GREEN NEWS

Porsche introduces electric Mission E sports sedan

The first 100 per cent electrically powered Porsche sports car is on its way in the guise of the seductively styled Mission E sports sedan.

In making the announcement, Porsche executive board chairman Oliver Blume called it the "beginning of a new chapter" in the history of the sports car.

The Mission E, due to be launched in about three years, will require an investment of almost \$1 billion US and

more than 1,000 new jobs at Porsche's Stuttgart-Zuffenhausen factory in Germany.

COSTS

The Mission E will require a nearly \$1 billion US investment.

The four-door car with four individual seats will have an output equivalent exceeding 600 horsepower, will achieve zero-to-96 km/h in less than 3.5 seconds and have a per-charge range of more than 495 kilometres.

WHEELBASE MEDIA



Porsche's Mission E sports sedan is due to launch in about three years. HANDOUT

+ IN BRIEF



Honda provides insight on Clarity

When it goes on sale in the U.S. late in 2016, the Honda Clarity hydrogen-fuel-cell sedan will become the third current production hydrogen vehicle available for sale in North America, and the first with a hydrogen-electric powertrain that's compact enough to fit entirely under the hood.

WHEELBASE MEDIA



Renault currently dominates the SUV market in India. Since launching the Kwid in September, the company has gotten 90,000 orders. HANDOUT



Companies woo with love, logic

NEW DELHI AUTO SHOW

Jeep hopes to capture Indian market, where SUV is king

Just like in the U.S., China and finally in Europe, the SUV is now king in India. It's the most desirable vehicle form and the style that will dominate the stands at this year's New Delhi Auto Show.

However, while some car companies are focusing purely on desire to win consumers' hearts, others are aiming to win over their minds instead.

“Jeep has been one of the most awaited SUV brands in India.”

Kevin Flynn, FCA India

Jeep has high hopes for India. It's using its 75th anniversary as a way of introducing itself to the market with an initial three-model range — the Wrangler Unlimited, Grand Cherokee and the incredibly potent Cherokee SRT.

“Jeep has been one of the most awaited SUV brands in India,” said Kevin Flynn, President and Managing Director, FCA India.

“The SUV segment witnessed a robust growth of 22 per cent over the last five years in India and we expect it to grow exponentially in the future, creating the perfect environment for the legendary Jeep brand.”

However, at the moment, it's car companies like Renault that are making all the headway.

Since officially launching its Kwid compact crossover

hatchback in September it has clocked up 90,000 orders.

“It has generated unprecedented success in its category and has won the hearts of customers' and automotive experts alike,” said Sumit Sawhney, Country CEO and Managing Director, Renault India Operations.

Jeep will no doubt tick a number of desirability boxes for Indian consumers, but the Kwid meets most Indian drivers' real-world needs by offering a car that has high

ground clearance, is compact and reliable and that sips rather than gulps fuel.

And with the necessities nailed down, Renault is adding a bit of desire to the Kwid with two very different

concepts.

The Kwid Climber is about delivering on those rugged looks.

It has greater ground clearance still and a wider track for better road holding and maneuverability.

Wheel arch extensions emphasize the look and the exterior is completed with rugged body moldings.

The Kwid Racer takes things in the opposite direction, offering a glimpse of a sports-focused future production.

It sits lower to the ground, boasts 18-inch alloy wheels and an aerodynamics kit.

Inside there are bucket seats and aluminum and Alcantara trim, plus a roll cage and a display that incorporates telemetry info for those that really want to improve lap times on a track.

AFP

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Highline model shown

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+ CANADIANS LOVE SUVs TOO

AutoTRADER survey finds sports utility vehicles more attractive than sports cars

With Valentine's Day around the corner, autoTRADER.ca conducted a poll asking Canadians which kinds of vehicles they find most attractive for a potential mate.

Perhaps surprisingly, SUVs and crossovers rated higher than sports cars and convertibles, while mainstream brands like Ford and Toyota were identified as more attractive than luxury and exotic brands. Minivans and wagons tied for last place on the love-metre, with just three per cent of respondents preferring a potential mate to own these types of vehicles. METRO

A cold one on a cold Ottawa day

FESTIVAL

Celebrate craft beer's best from Ontario and Quebec

Keith Carman

There's nothing like a cold, crisp beer on a frigid winter day.

Pardon? Well, 5,000 Bytown brew fanatics can't all be wrong.

That's the expected number of bodies slated to visit this year's instalment of Ottawa Winter Brewfest, taking place on Feb. 12 and 13.

A craft beer festival entering its second year — yet a close cousin to six-year-old Spring-based Festibièrre de Gatineau — Ottawa Winter Brewfest is quickly becoming a celebration of both Old Man Winter and the burgeoning microbrewery scene.

Overseeing the event, Ottawa and Toronto Winter Brewfest General Manager Michael O'Farrell expects some 1,000 patrons per session with that



Thousands of beer lovers are expected to attend the annual Ottawa Winter Brewfest this weekend. CONTRIBUTED

overall total of 5,000 beer enthusiasts partaking throughout its two-day duration.

While much of the event remains similar to last year's

presentation, O'Farrell is proud to announce a few key features have been bolstered, namely the amount of providers and crucial creature comforts.

"We have over 40 breweries from Quebec and Ontario this year," he notes. "The addition of eight Quebec microbreweries is definitely one of the

+ BREWFEST

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Divided into "sessions" — four designated intervals, two per day at 2 p.m. and 8 p.m. respectively — the Ottawa Winter Brewfest is a hot ticket on a cold weekend. Perfectly timed for afternoon or evening enjoyment, spaces are quickly selling out, underlining the popularity of shedding your cabin fever and embracing craft fever.

Tooth & Nail, Bilboquet, Farnham, Trou du Diable, Gainsbourg, Charlevoix, Les Trois Mousquetaires, Les Brasseurs du Monde, Cartwright Springs, Unibroue, Lowertown, Stone City and Side Launch, to name a few."

Suffice it to say that some major players in the minor leagues of craft beer (Amsterdam, Beau's All Natural and Mill Street, for example) are also slated to be present, ensuring some revered staple brews will rub shoulders with newfound favourites.

Moreover, ensuring bellies are filled with as much great food as they are custom-crafted suds, the event has partnered with area restaurant Local Public Eatery, boasting a menu featuring chicken tacos, chili dogs, poutine and a taffy-on-snow vendor for those with a sweet tooth.

Intrigued but not quite a fan of beer? O'Farrell and crew have you covered.

"We also have a wines and spirits bar for those who would like to join their beer savvy friends but don't like beer," he beams. "Even though there is definitely a beer for everyone, as well as a couple ciders and gluten-free beer."

TIPS AND TECHNIQUES

How to get the most from the craft brew experience

"You're doing it all wrong."

Such words are not exactly what you want to hear at any point in life, let alone when surrounded by hundreds of other beer enthusiasts.

Yet as with everything else in life, there are some beneficial techniques to fully appreciate and enjoy the efforts of hardworking craft breweries.

While we're not talking

about examining the "legs" and carting a spittoon around — though there's nothing wrong with that either — you should keep in mind that everything from the shape of a glass to the order in which samples are tasted will have a decided impact on the overall impression/experience of any beverage. Beer included.

Here are a few tips to keep

in mind to get the most from your Ottawa Winter Brewfest outing:

Don't rush

Start simple. Mild. Move up to the bolder beers like a double-hopped India Pale Ale later when bitterness



will linger.

Keep it clean

Rinse glassware between samples to avoid cross-contamination.

Squeaky clean

It's always best to reset one's palate with the bread or

crackers offered on almost every table.

Take a sniff

We tend to forget that our olfactory glands are a very large and important part of truly tasting anything.

Use your head

Or, more appropriately, the beer's. Beer head creates aro-

ma, thereby promoting the previous tip.

Stay smoke-free

For many reasons, let alone the fact that smoking impacts taste buds.

Enjoy

It's beer! Lighten up!

KEITH CARMAN

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DAY IN THE LIFE

Playing music All Natural for Canadian beer maker

Keith Carman

There's an adage about how bar owners head to the horse track to relax. When spending all day every day in a tavern, it's probably the last place you want to hang around during downtime.

Well, how about brewery folk? While being neck deep in kegs on a daily basis is surely delightful, there must be times when getting away takes precedence. How does one supplying the nectar of the gods cut loose?

In the case of Ontario-based organic craft brewery Beau's All Natural Brewing Company co-founder/CEO Steve Beauchesne, music is the key. A life-long musician, playing guitar with current outfit Audio/Visceral (rounded out by bassist Kevin



Steve Beauchesne infuses his love of music with crafting beer. BEAU'S ALL NATURAL BREWING COMPANY

James and drummer Gary Doherty) allows him a secondary creative outlet, while remaining very close to his first love... maybe even tipping a few back to enhance the process.

"We basically started as a brewery band," he says from

"I get weird if I don't play music for a while."

Steve Beauchesne

his Vankleek Hill, Ont., home. "We started off with a bunch of brewery people playing country versions of old punk rock tunes. After a while, that fizzled out and Kevin and I decided to actually try to make a legit band... that's when things really started

+ MIXING MELODIES

Making the jump from brewing to bands isn't that much of a stretch as Beau's founder Steve Beauchesne reveals. Equally creative and inventive, they both blossom from one simple mandate. "With the brewery and the band, the goal is to have as much fun as possible. Knowing that my day

gig is exactly what I want to be doing, means that we aren't planning on doing three-month tours of Europe or anything like that... the brewery always comes first."

• www.facebook.com/audiovisceralband/
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clicking."

Self-defined "old-school punk rockers" melding an appreciation for the genre's formative acts such as Descendents and Ramones, yet infusing, "poppy (and) garage/surf undercurrents," the trio has just released its debut effort *Cildce Bihaver* on punk mainstay DOA's label Sudden Death Records.

For Beauchesne, it's a personal achievement almost on par with the heaps of accolades, awards and suds-sipping praise his nine year-old brewery continues to garner. Moreover, the world of music and beer easily commingle, allowing him to re-

main close to both his adored hobby and life's work, letting one inspire the other.

"There is a cool way to interact with Beau's fans who also dig rock and roll. I'd say at most of our shows the mix of Beau's fans is usually as high as the band's fans."

"(Writing and playing music" is something I need to do. I get weird if I don't play music for a while," Beauchesne admits. "It's a release, it's cathartic, it's a religious experience... There's an emotional rush that you get from playing music on stage. It is something I've never felt anywhere else."

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The Miami Heat will retire 2006 NBA champion Shaquille O'Neal's jersey at the start of next season



Sens signal intent with Phaneuf trade

NHL

Blue-line gets veteran presence for playoff run

The Ottawa Senators are "trying to win."

That's the message GM Bryan Murray sent to his team, and the rest of the NHL, by acquiring Toronto Maple Leafs captain Dion Phaneuf in a nine-player trade on Tuesday.

"I think this solidifies where we're going," Murray told reporters in Ottawa. "I hope it sends a message to our group that we're trying to win here."

The Senators pulled off a miracle to make the playoffs last year, and believe they can pull off another this year. Their blue line was hurting with Chris Phillips (back) out and others underperforming. The heat has been on captain Erik Karlsson and the young blue line has been wilting.

Phaneuf was available, so

Murray stepped up. His veteran presence will be a welcome addition.

"Our whole group is so young," Murray said. "When you look through our lineup: Erik Karlsson's our captain at 25, Cody Ceci at 22. You go down the list of defencemen, we were very young there."

Phaneuf, whose contract carries a \$7-million US annual salary-cap hit, will be in the Ottawa lineup Wednesday in Detroit, a team they're hoping to catch for a wild-card spot.

The Senators are in tough, though, with 56 points through 54 games. They were four points behind the Islanders (who held the final wild card and had three games in hand entering Tuesday's games) and six back of the Red Wings (who had one game in hand).

"It's going to be a stretch," said Murray. "We're going to have to battle. We've had so many

ups and downs and so much inconsistent play. Our defensive play hasn't been very good and hasn't allowed us to win on a regular basis, but I think we've changed a little bit of our philosophy as far as style is concerned."

A year ago, the Senators went on a 23-4-4 tear over their final 31 games to make the post-season after being 14 points out. They'll need similar magic for a repeat appearance.

"We just have to win more games than we should have to win at this time of year," said Murray.

When the Leafs acquired Phaneuf from Calgary six years ago, he and Phil Kessel were supposed to lead the team to the promised land. The core, with Phaneuf as captain, made the playoffs once and didn't get out of the first round.

"I don't think I've heard one thing other than he's a real good person, he competes, he wants to win," Murray said of Phaneuf. "He's been in a tough environment ... We don't expect him to come in and be a saviour. We expect him to come in here and just be the hockey player he is."

TORSTAR NEWS SERVICE



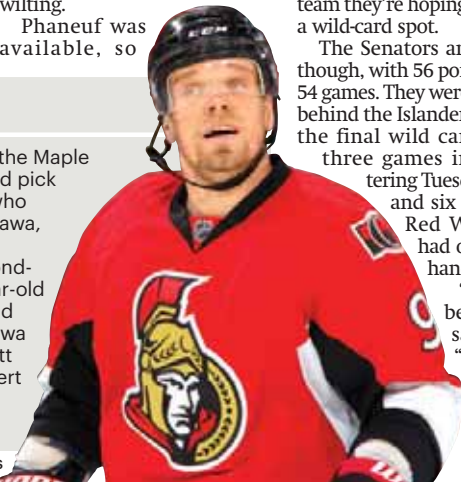
Dion Phaneuf brings a contract that runs until 2021 to Ottawa.

CLAUS ANDERSEN/GETTY IMAGES

+ ON THE MOVE

In addition to salary-cap relief, the Maple Leafs added a former first-round pick in defenceman Jared Cowen, who struggled to find his way in Ottawa, along with slowing 31-year-old winger **Milan Michalek**, a second-round draft pick in 2017, 28-year-old AHL forward Colin Greening and prospect Tobias Lindberg. Ottawa also received AHL forwards Matt Frattin, Casey Bailey, Ryan Rupert and junior defenceman Cody Donaghey.

GETTY IMAGES



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NHL

MacArthur surprised by Dion leaving Leafs

Clarke MacArthur knew Dion Phaneuf was on the Senators' radar, but he was as surprised as his teammates at the blockbuster trade that brought the former Maple Leafs captain to Ottawa.

The Senators bulked up their blue line Tuesday by adding Phaneuf in a nine-player trade with archrival Toronto.

Senators forward MacArthur said he had been asked about Phaneuf's character in the past, but never imagined anything like this would happen.

"I've been asked in the past what kind of a guy he was and if he's a guy that would fit here and things like that, and obviously he would fit on any team," said MacArthur, who played with Phaneuf for two seasons in Toronto. "Anyone would want him

in their top four 'D' and I just answered accordingly.

"I said he's a good guy in the room. I had no idea anything like this was coming or anything like that, but really excited to have him coming in here. But it's upsetting at the same time to lose the guys we have."

Phaneuf has three goals and 24 points through 51 games this season, and has looked more comfortable playing on Toronto's second defensive pairing.

"It's obviously a major one for us, we've been looking for someone to help our 'D' corps for a while and he was the option," said Senators captain and all-star defenceman Erik Karlsson.

Senators GM Bryan Murray said he had no qualms making a deal with a division rival.

"From our point of view it's a trade that will give us a little more security on the back end. I hear people talk all the time that we're dreadful in our own end and we haven't been great, we're getting better and we believe this will be a good addition in that process."

"It's about getting an experienced leader, a good person, hard working, competitive guy to add to the mix in our top four."

Phaneuf is expected to be in the Senators lineup Wednesday night as they take on the Detroit Red Wings.

THE CANADIAN PRESS

66

I had no idea anything like this was coming or anything like that, but really excited to have him coming in here.

Senators' Clarke MacArthur



Dion Phaneuf celebrates a goal with fellow ex-Maple Leaf Clarke MacArthur in 2011. RENE JOHNSTON/TORONTO STAR



NFL FANS FLOCK TO BRONCOS' VICTORY PARADE

Von Miller of the Broncos hoists the Lombardi Trophy for fans to see during Tuesday's Super Bowl victory parade in Denver. Hundreds of thousands lined the streets of Colorado's capital to celebrate the Broncos' first NFL championship since 1999.

JACK DEMPSEY/THE ASSOCIATED PRESS

ESPN hurt by pricey rights

BUSINESS

Disney-owned sports network loses millions of subscribers

ESPN, the sports network that drives Disney's profit engine, has hit a soft patch. Subscribers have fallen by about 7.2 million over the last three years, according to Nielsen, and it's coming off a round of layoffs. As more people cut the cord to watch programming online, its perch on top of the U.S. pay TV empire is looking unsteady at best.

The network's troubles are a bellwether for one of TV's biggest challenges: the ever-increasing cost of sports rights and whether consumers want to keep footing the bill.

The conundrum was reflected in Disney's quarterly earnings Tuesday. Even though Star Wars: The Force Awakens helped Disney's earnings soar 32 per cent to a record \$2.9 billion, its TV profits slumped by six per cent, in part due to increases in the cost of sports-broadcast rights. It was Disney's second profit decline in the TV segment in the last four quarters.

Major media companies have invested \$130 billion in sports rights over the next several years, Morgan Stanley financial services analyst Benjamin Swinburne said in a recent investor presentation.

But the cost of those rights is increasing faster than the revenue those companies reap.

Leading the pack of big spenders: Disney and its ESPN juggernaut, which accounts for an estimated 29 per cent of those long-term contract rights, from Monday Night Football to the NBA playoffs. Should the ad market falter and the pay TV audience decline even faster than its current one per cent a year Disney's overall profit growth rate for the next four years could be nearly halved, Swinburne said.

ESPN's impact at Disney is huge because it leads the cable networks division that accounted

for nearly half of Disney's operating income last year. Sports rights "may ultimately turn into more risk than reward," Swinburne said. There are lots of signs that the cost of broadcasting sports is butting up against consumers' willingness

to pay, some big indicators are among fans of popular MLB, NFL and NBA teams.

Sporting events may attract large audiences, garner an outsized share of advertising revenues and offer a showcase for promoting other TV shows. But networks like ESPN still get a large majority of their revenue from fees paid by cable and satellite subscribers. That's why any hint of a decline in subscribers hurts so much. It's also why Disney stock is down some 26 per cent since November.

THE ASSOCIATED PRESS

6

Percentage lost by Disney in TV profits due to increased cost of sports rights.

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CFL

Redblacks pluck Harris from Argos

The Ottawa Redblacks have agreed to terms with free-agent quarterback Trevor Harris.

A league source said Harris and Ottawa agreed to a two-year contract. Harris became a free agent following the 12 p.m. ET deadline.

Harris, 29, spent four seasons with Toronto and becomes the second quarterback to leave the Argonauts in free agency for an East Division rival.

Zach Collaros left Toronto after the 2013 season to sign with the Hamilton Tiger-Cats.

Harris made 16 regular-season starts for Toronto last season while veteran Ricky Ray recovered from off-season shoulder surgery.

THE CANADIAN PRESS



Trevor Harris GETTY IMAGES

IN BRIEF

Receiver Fantuz to fulfill destiny in Hamilton

The Hamilton Tiger-Cats re-signed veteran receiver Andy Fantuz to a one-year deal while signing free-agent linebacker Alex Hoffman-Ellis to a two-year deal Tuesday.

Fantuz, 32, of Chatham, Ont., returns for his fifth season with Hamilton. The six-foot-four, 221-pound receiver had 42 catches for 432 yards and two TDs last season. THE CANADIAN PRESS

Donaldson, Jays closing in on new deal — source

AL MVP Josh Donaldson and the Toronto Blue Jays are nearing agreement on a \$28.65 million, two-year contract, according to a person familiar with the negotiations.

THE ASSOCIATED PRESS

RECIPE Easy Tomato Tart

PHOTO: MAYA VISNTEI

Ceri Marsh & Laura Keogh
For Metro Canada



This nice, light pizza makes an easy dinner when served with a salad. But you could also cut it into smaller pieces and serve it as hors d'oeuvres at a cocktail party.

Ready in

Prep time: 15 minutes

Total time: 40 minutes

Serves 6**Ingredients**

- 1 sheet of puff pastry
- 2 Tbsp olive oil, approximately
- 1 pint of cherry tomatoes
- 1/4 cup chopped fresh herbs (I used parsley and basil but thyme and rosemary would be nice too)
- 1/2 cup grated mozzarella cheese
- 1/2 cup grated Parmesan cheese
- Salt and pepper to taste

Directions

1. Preheat oven to 400 F.

2. Most puff pastries come in a package with two sheets of dough and you'll only need one. Put the other back in the freezer for another time.

3. Tear off a good-sized sheet of parchment paper, say 16 or 18 inches long. Lightly flour the paper and use a rolling pin to roll out the pastry into approximately an 8- by 12-inch rectangle. Use a fork to prick holes all over the dough. Now take a small, sharp knife and create a border about 1/2 inch in, all around the rectangle, being careful not to cut all the way through!

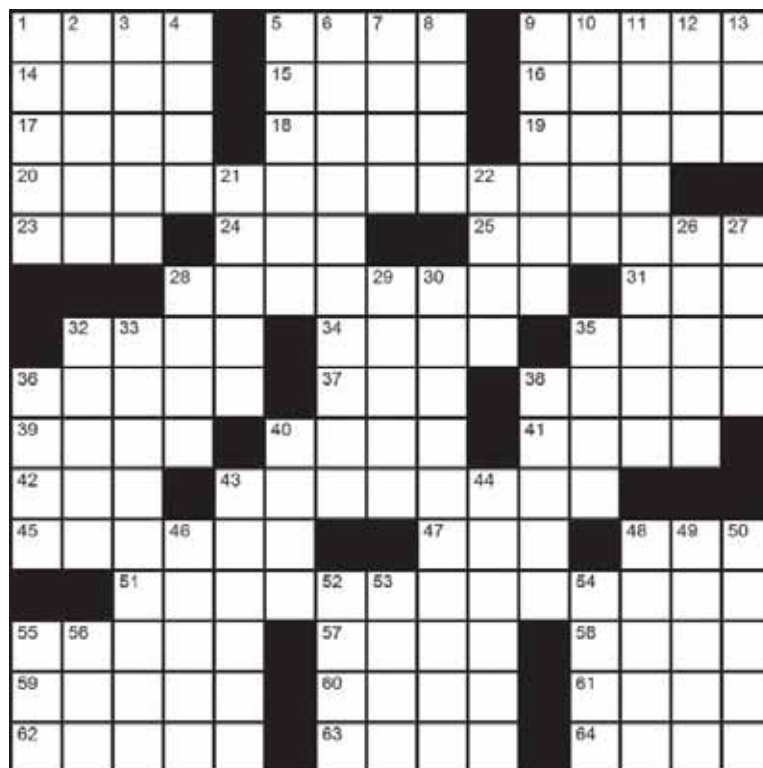
4. Drizzle the oil over the pastry. Now scatter the cheese. Then place tomatoes on top. Sprinkle your herbs on top and add a pinch of salt and pepper

5. Place in a hot oven for 20 to 25 minutes until the pastry is golden and the cheese is bubbling. Allow to cool slightly before cutting. Serve with a simple salad.

FOR MORE MEAL IDEAS, VISIT
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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN**ACROSS**

1. Woodstock emcee Mr. Gravy
5. Lakes: French
9. Southern Alberta town
14. Corn lily
15. Is part of the kit [abbr.]
16. Actress Christina
17. One on the ground waiting in ambush
18. Advertising _
19. Intensify with energy: 2 wds.
20. Canadian legend Nancy Greene, famously: 2 wds.
23. Bad _ (German spa resort)
24. 'Expert' suffix
25. Firstborn
28. Complains
31. Musical comedy, "Mamma _!" (2008)
32. Soft cheese
34. Airline to Israel: 2 wds.
35. The Family Circus cartoonist Mr. Keane's
36. Bellowing
37. Ad _ (Relevant)
38. Crack
39. Does 'lofty' farm work
40. Apothecary weight
41. Hearers
42. Fit Fiddle link: 2 wds.
43. Feigning
45. Guggenheim Museum locale in Spain
47. Seoul's locale



[acronym]

48. Droop
51. Motorist's message medium: 2 wds.
55. Roots realm
57. Mr. Lugosi
58. Read: French
59. Kitchen ap-

pliance

60. Turn _ red (Get embarrassed)
61. Hopped off the horse
62. Type of comic book artist
63. Dog breed,

_ Terrier

64. Legal bargaining

DOWN

1. Actress Olivia
2. Self-evident truth

3. Opinions

4. Cardigan 'cord'
5. Mediate
6. England, in France
7. Nero's 350
8. Mr. Stallone's, briefly

9. Where to find hikers, bikers and nature likers
10. Did this in the game of darts
11. Canadian politician Christy Clark = _ _ _
12. Old French coin
13. Pants split
21. Winter: French
22. Ship's balancer
26. 1861 George Eliot novel, _ Marner
27. Chore
28. Some makes of cars
29. One of an athletic shoe's turf grippers
30. Lauren of "Mr. D" on CBC
32. Enforcer in "The Godfather" (1972), Luca _
33. RBC = _ _ of Canada
35. Scottish hillside
36. Captain in "Moby Dick" (1956)
38. "Ugly Betty" actress Ms. Newton
40. Lose one's grip
43. Spoil, spa-style
44. Write down the music score
46. WWII's Battle of the _
48. Acquired ability
49. Variant-spelled cliff nest
50. Ms. Van Susteren of FOX News
52. Dwindles
53. Stenchify
54. Applaud
55. _ Lanka
56. Chickpeas container

★ IT'S ALL IN THE STARS by Sally Brompton

♈ Aries March 21 - April 20
If you haven't been rewarded for the time and effort you've put into your work you will be soon. But whatever you receive won't match the pride you have for doing such a good job.

♉ Taurus April 21 - May 21
There's more to life than money and power. Whatever it is that inspires you go after it with purpose and passion. Follow your star wherever it leads — it is sure to be some place good.

♊ Gemini May 22 - June 21
Why are you worrying so much? What happens over the next two or three days will finally convince you that fear is not only a useless emotion but also a dangerous one.

♋ Cancer June 22 - July 23
Loved ones have not been quite so helpful of late but only because they had a lot on their plate. Today, however, they will go right the other way and give you as much attention as you need. Show your appreciation.

♌ Leo July 24 - Aug. 23
Good news will lift your spirits but don't start thinking that nothing can go wrong. You can take silly risks, so if someone tells you to watch your step maybe you should listen.

♍ Virgo Aug. 24 - Sept. 23
Life has been a lot of fun of late, but don't ease up too much because other aspects point to a more serious phase. Family issues need to be handled with tact and discretion today.

♎ Libra Sept. 24 - Oct. 23
Your efforts are about to pay off. All the people you helped will do something special to thank you. The real reward, however, is knowing you have made a difference.

♏ Scorpio Oct. 24 - Nov. 22
Doors that have been shut to you in the past will be flung wide open. Why the sudden change? Most likely it is because you have stopped trying so hard to be accepted — so it's no longer fun for others to say "no."

♐ Sagittarius Nov. 23 - Dec. 21
You have made a lot of sacrifices and you will soon get your reward. Jupiter will make it easy for you to connect with people in positions of power. Tell them what you need.

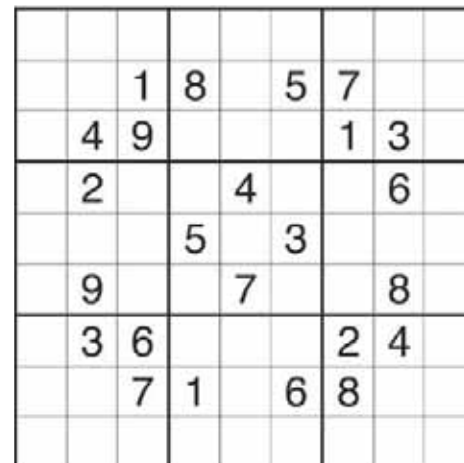
♑ Capricorn Dec. 22 - Jan. 20
You think that time is running out but there's still time to do something out of the ordinary, something others will talk about for years to come. Don't waste any more time making plans, just do what feels right.

♒ Aquarius Jan. 21 - Feb. 19
The sooner you believe Lady Luck is on your side the sooner good things will start happening. Actually they're happening already but you seem determined not to notice. You're letting opportunities pass you by.

♓ Pisces Feb. 20 - March 20
If you feel a touch depressed you should dress sharp and hit the town with your friends. A night out will take your mind off your worries.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

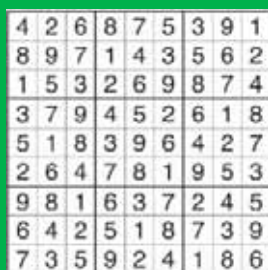


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ONTARIO ENERGY BOARD NOTICE

The Ontario Energy Board is holding a hearing to consider what mechanisms may be used to recover the costs of expanding natural gas service to Ontario communities that are currently not served.

Learn more. Have your say.

The Ontario Energy Board is commencing a hearing on its own motion to consider what mechanisms may be used to recover the costs of expanding natural gas service to Ontario communities that do not currently have access to natural gas.

In July 2015, Union Gas Limited filed an application (EB-2015-0179) to expand natural gas service to certain rural and remote communities. That application included a proposal to have existing Union Gas Limited customers pay a portion of the costs to connect new customers. The Ontario Energy Board has determined that the requests made by Union Gas Limited in that application raise issues that may be common to any entity that wishes to provide natural gas service to communities that do not currently have access to natural gas service. The Ontario Energy Board will therefore address these issues through a generic proceeding.

The Ontario Energy Board will put the hearing of Union Gas Limited's application (EB-2015-0179) on hold until the generic hearing is complete.

In the generic proceeding, the Ontario Energy Board will consider possible alternative ratemaking frameworks to provide natural gas service to Ontario communities that do not currently have access to natural gas. The OEB plans to seek input from intervenors on exactly what the issues should be. However, broadly speaking the OEB intends to review the following issues:

1. Should the OEB implement new ratemaking mechanisms including changes to current economic tests to encourage utilities to expand natural gas distribution service to new communities? If so, what should these new mechanisms be?
2. Should the OEB consider imposing conditions or making other changes to Municipal Franchise Agreements and Certificates of Public Convenience and Necessity to reduce barriers to natural gas expansion?
3. Does the OEB have the authority to require the ratepayers of one utility to subsidize the costs of another utility to expand into new communities? If so, under what circumstances (if any) would this be appropriate?

To see the detailed draft issues list, please select the file number **EB-2016-0004** on the OEB website: www.ontarioenergyboard.ca/notice

THE ONTARIO ENERGY BOARD IS HOLDING A PUBLIC HEARING

The Ontario Energy Board (OEB) will hold a public hearing to consider the kind of cost recovery mechanisms that may be appropriate for rural and remote community expansion projects in Ontario. We will hear arguments from parties involved in the process and will decide what, if any, new mechanisms are appropriate.

The OEB will adopt into the record of this proceeding, all evidence filed in EB-2015-0179 that is relevant to the issues to be determined for the generic hearing. The OEB will provide an opportunity for the filing of further evidence in subsequent procedural orders.

The OEB will deem the intervenors in the EB-2015-0179 case to be intervenors in this generic hearing and grants to any such intervenors the same cost eligibility status as was granted in EB-2015-0179.

The OEB is an independent and impartial public agency. We make decisions that serve the public interest. Our goal is to promote a financially viable and efficient energy sector that provides you with reliable energy services at a reasonable cost.

BE INFORMED AND HAVE YOUR SAY

You have the right to information regarding this application and to be involved in the process.

- You can review this Notice and related documents on the OEB's website now.
- You can sign up to observe the proceeding by receiving OEB documents related to the hearing.
- You can file a letter with your comments which will be considered during the hearing.
- You can become an active participant (called an intervenor). Apply by **February 22, 2016** or the hearing will go ahead without you and you will not receive any further notice of the proceeding.
- At the end of the process, you can review the OEB's decision and its reasons on our website.

LEARN MORE

Our file number for this case is **EB-2016-0004**. To learn more about this hearing, find instructions on how to file letters or become an intervenor, or to access any document related to this case (including the draft issues list), please select the file number **EB-2016-0004** from the list on the OEB website at www.ontarioenergyboard.ca/notice. You can also phone our Consumer Relations Centre at 1-877-632-2727 with any questions.

ORAL HEARING

The OEB intends to proceed with an oral hearing for this case.

PRIVACY

If you write a letter of comment, your name and the content of your letter will be put on the public record and the OEB website. However, your personal telephone number, home address and email address will be removed. If you are a business, all your information will remain public. If you apply to become an intervenor, all information will be public.

This hearing will be held under sections 19 and 36 of the Ontario Energy Board Act, 1998.



Ontario Energy Board
Commission de l'énergie
de l'Ontario